

## **eXfuze Testimonial for Alyxandria**

Dated 19th September 2010

### ***History and Overview***

Alyxandria is turning 8 years old in Oct 2010. She was diagnosed having Autism Disorder in 2004 just after her 2nd birthday and then at the beginning of 2010 she was re-diagnosed as having Autism Disorder and Acute Anxiety. The leading authority on Autism in New Zealand, Dr Matt Eggleston stated that Alyxandria had such a high level of Anxiety that only 1% of people on the Autistic Spectrum had the same level of anxiety. This is also coupled with Alyxandria having a speech impediment - she understands most of what is said to her however struggles to get words out with 2 theories from the specialists - that the words bounce around her head and she tries to speak as fast as she can think and she has a form of Associative Memory that means everything stays in real time for her.

This has meant that Alyxandria struggles to leave her room let alone her home. She is homeschooled through the NZ Correspondence School and has recently qualified for the top level of funding □ ORRS Very High Needs. She has been very controlling, only interacts with people even family for up to 10 minutes at a time, extreme meltdowns lasting for hours, only eats 10 things, only drinks Sprite lemonade, has not had her hair washed in 6 years, doesn't bath or shower, struggles with toileting, doesn't like wearing clothes, cannot be in the same room as her 2.5 year old sister, cannot be taught directly or indirectly - the list could go on.

She has extreme splinter skills, one report shows her IQ at 70 in most areas and specialists have put her at an IQ of 150 when it comes to using technology. In the 6 years that we have had specialists and therapists coming to work with Alyxandria everyone of them struggles to work with her as they have never encountered anyone on the Autistic Spectrum like her and everyone of them without fail, labels her a 'Unique & Complex Case'.

We have struggled supporting Alyxandria for years holding off the push from specialists to put her on medication, trying herbal and natural therapies. However this is a child that can tell the difference between a free range egg and a barn laid egg even though we have never told her there is a difference and refuses to eat the barn laid egg. Even the most tasteless Herbal and Homeopathic Remedies that we have found, somehow Alyxandria would know they were in her drink and tip the drink out on the floor if she didn't like how they made her feel or be.

### ***Seven+Pro***

After taking Seven+ Pro myself and feeling profound effects and changes I started Alyxandria on 2.5mls in her lemonade on the 28th July 2010. The first drink she accepted and finished within 10 minutes. So I gave her a second dose and that too, was finished within 10 minutes. However she refused to drink the third one I gave her that day. So from that day on we have given Alyxandria 2.5 to 5 mls (0.084 - 0.17 ounces), a day in her lemonade. We have tried to give her more some days and she refuses to take any more.

Her anxiety was good, out of a scale 1 to 10 with 10 being the highest, she was sitting at a 5. She wasn't accepting schooling from anyone and still interaction was brief and on her terms.

### ***Changes***

Over the period of the last 7 and half weeks we have noticed little changes. Alyxandria is more loving and cuddly, the timeframe of interaction with people has improved, she allows everyone to initiate contact which was a struggle before, she is singing and dancing and allows others to be in her presence, she has become extremely fast on a computer to the point it is quite unbelievable what she can do,

she has tried to sms people on my mobile phone, skype chat people and call people on my skype account, we can start to put in boundaries and expectations which normally would have led to a regression in her behaviour before and she is accepting, the longest meltdown we have had was 5 minutes, she has interacted with her little sister for up to 10 minutes at a time, she is going out for rides in the car and enjoying them, her anxiety is down at a 1 to 1.5 out of 10 and the list could go on.

However the most profound and moving thing has occurred for me as her mother....

Last Saturday night the 19th September 2010 I was in my room and Alyxandria comes rushing in the room smiling and happy. She pushed me on the bed and for an hour - yes an hour, she engaged and played with me. Towards the end of that hour she told me a story, that flowed and had logic - some of the words were not that clear however she kept looking at me after she told me the sentence to check I was following and listening. I mean this is enough to knock your socks off - however there is more.

At the end of this hour Alyxandria was calm and happy - she looked me straight in the eye and said "Well Mama, I love you". And with that she jumped up and left to her room.

Tears still flow when I recount this as I have waited nearly 8 years to hear Alyxandria say that to me let alone have her tell a story and spend so long with me. There is no logical reason for this and I believe to my soul that the only reason Alyxandria is able to do this and be in the space she is in, is because she is being supported by Seven+Pro. We as a family now have more hope than ever before for the level that Alyxandria will be able to achieve in the future.

Thank you for listening to my story.

*Janine*

*New Zealand*